

What Are *Essential Oils*



Essential oil products will be available on the day for purchase

Step into a world of scent, wellness and discovery, at an immersive hosted talk presented by Roy Aiken, CEO & founder of Escentia. The **What Are Essential Oils** presentation is a captivating sensory experience designed to awaken your senses and deepen your understanding of the remarkable power of nature's pure plant extracts. Through the guided exploration of 10 carefully selected essential oils, you will discover how scent influences mood, memory, relaxation and everyday wellbeing — while learning the fascinating origins, uses and benefits of these treasured botanical oils.

Whether you are completely new to essential oils or already passionate about natural living, this inspiring and interactive experience promises a morning of education, connection and sensory delight.



Roy Aiken



Saturday, 15 August 2026 09h00 – 11h30

 Clubhouse @ Shed & Silo, 77 Thomas Road, Norton's Home Estates, Benoni

 Starts at 09h30

 Refreshments included

 Limited seats available



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